

Whole School Long Term Plan

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	 play move explore	 agility balance coordination  look run avoid	 agility balance coordination  look run avoid	 hands feet equipment  inspire create perform	 hands feet equipment  inspire create perform	 fair share dare  evade invade capture	 evade invade capture MODIFIED GAME Tag Rugby or Netball
Autumn 2	 move match magic	 throw prepare catch  hands feet equipment	 throw prepare catch  hands feet equipment	 strike react rally  look run avoid	 strike react rally  look run avoid	 inspire create perform  block guard support	 inspire create perform MODIFIED GAME Football or Gaelic
Spring 1	 explore evade escape	 jump shape create  fair share dare	 jump shape create  fair share dare	 agility balance coordination  react roll retrieve	 react roll retrieve  throw prepare catch	 lend move score  watch move connect	 symmetry balance travel MODIFIED GAME Tchoukball or Handball
Spring 2	 search steal share	 duel win lose  inspire create perform	 duel win lose  inspire create perform	 run jump throw  fair share dare	 run jump throw  fair share dare	 symmetry balance travel  explore solve challenge	 lend move score MODIFIED GAME Basketball or Hockey
Summer 1	 crawl climb collect	 run jump throw  react roll retrieve	 run jump throw  react roll retrieve	 duel win lose  pass position patience	 duel win lose  pass position patience	 aim strike retrieve  serve set slam	 speed distance strength MODIFIED GAME Tennis or Cricket
Summer 2	 hands feet equipment	 target control combine  send receive return	 target control combine  send receive return	 jump shape create  accuracy power distance	 symmetry balance travel  accuracy power distance	 run jump throw  speed distance strength	 aim strike retrieve MODIFIED GAME Rounders