

Curriculum Overview (written and visual)

Year 1

Each of the following topics includes a topic plan, pupil pre- and post-assessment sheet and a pupil self-reflection sheet:

- Fun times
- Feeling safe
- Me and others
- What do we put into and on to bodies?
- Feelings
- My money

Year 2

Each of the following topics includes a topic plan, pupil pre- and post-assessment sheet and a pupil self-reflection sheet

- What keeps me healthy?
- Friendship
- Boys and girls, families
- Indoors and outdoors
- Medicines and me

Year 3

Each of the following topics includes a topic plan, pupil pre- and post-assessment sheet and a pupil self-reflection sheet

- Tobacco is a drug
- Bullying see it, say it, stop it
- Strengths and challenges
- Celebrating difference
- Saving, spending and budgeting
- What helps me choose?

Year 4

Each of the following topics includes a topic plan, pupil pre- and post- assessment sheet and a pupil self-reflection sheet

- Democracy
- Making choices
- What is important to me?
- Playing safe
- Growing up and changing

Year 5

Each of the following topics includes a topic plan, pupil pre- and post-assessment sheet and a pupil self-reflection sheet

- In the media
- Stereotypes, discrimination and prejudice
- Making safer choices
- Dealing with feelings
- Different influences
- Borrowing and earning money

Year 6

Each of the following topics includes a topic plan, pupil pre- and post-assessment sheet and a pupil self-reflection sheet

- Healthy relationships
- Weighing up risk
- Human rights
- Healthy minds
- Keeping safe - out and about / FGM (female genital mutilation)